

JANUARY 25

Revive to Reset: Workshop

Saturday, January 25 | 08:30 AM - 12:30 PM

The Spa at Silverado Resort | 1605 Atlas Peak Rd, Napa

THE EXPERIENCE: Join Nicole Marino, founder of Bigshot in Winecountry Media and The Revival Platform, a leading expert in mindset lifestyle transformation and a nationally published photographer and interviewer, as she takes you through a proven methodology to bring new perspective over your reality calling in desires. Start the year with a clear path to your newfound vision for your life. Raise your potential, shift your focus on what is possible and find a sense of renewal as you give your dreams liftoff as you embark on 2025.

8:30 AM – 9:00 AM: Opening Registration

Enjoy fresh juice & pastries, receive your keepsake journal, Revive to Reset ©

9:00 AM – 10:00 AM: Mind Opening Yoga

About Yoga Practice

10:00 AM – 11:00 AM: Guided Dream Setting Visualization Practice

Create a vivid of your desires - in Nicole's signature relaxing visualization meditation encapsulating awakened beliefs

11:00 AM – 11:10 AM: Break

11:10 AM – 11:45 PM: Journal Practice - dream building goal

Implant what came up for you in the visualization into memory by actioning this into reality through journal prompts that shift it into reality

11:45 AM – 12:15 PM: Vision Board Creation

Seeing is believing - design your vision board magazine cuts outs and phrases to build this into your subconscious.

12:15 PM – 12:30 PM: Closing Ceremony

Share that which you had for revelations during this experience, and allow others to hold space for you.



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ABOUT YOUR HOST: With featured articles in publications like Ariana Huffington's Thrive Global and Napa Valley Life, Nicole has hosted countless celebrity interviews, including those with Kevin Bacon, Olivia Wilde, and Yao Ming, and her work has appeared in nationally published publications such as Vogue, and Wine Spectator. Nicole is certified as an EFT (Emotional Freedom Technique) Practitioner and Health and wellness coach. She is also a guest expert for programs and retreats held through Napa Valley's luxurious resorts, such as Stanly Ranch, Auberge, and Health Spa Napa Valley. Nicole has been empowering clients with her custom methodologies focused on mindset shifts and intentional living that create a rediscovery of self from the inside out. Her programs have supported many in balancing life, stepping into one's strengthened and awakened highest self, and reaching deepening, enlightening life desires. Her line of personal development tools has been sold at local shops and wineries throughout Napa Valley, and online coaching programs can be registered online.

TAKE AWAYS

- Reset your outlook
 - Shift your energy
 - Awaken possibilities
 - Become renewed
 - Gain a clearer path for 2025
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KEEPSAKES

- The Revive to Reset © Journal Planner Prompt

